

UFO RESEARCH NEWSLETTER

A REPORT ON UNIDENTIFIED FLYING OBJECTS

Vol. VI, No. 12

September 1980

IMPORTANT NOTICE

This is the last issue of *UFO Research Newsletter*. We have been publishing on a monthly and bi-monthly basis for 9.5 years and feel we have accomplished our goal of bringing to the UFO community and interested students of the phenomenon an effective vehicle of communication. We deeply appreciate the interest and support of many individuals throughout the world. Now, however, we feel it is time to move on to something else.

Beginning around January 15, 1981, we will be publishing a new, eight-page, monthly newsletter containing the wisdom and psychic/spiritual teachings of "Bartholomew," an entity from another dimension. (See enclosed information sheet).

For those subscribers still slated to receive further issues of *UFO Research Newsletter*, we offer two options: (1) substitution of an equal number of issues of the new newsletter, *Ascent to Freedom*, until the subscriptions expire; or (2) a refund of the remainder of your subscription. If you wish a refund, please let us know by sending a short note or postcard to the address in the box on page 2. We will keep the rest of you informed on the progress of *Ascent to Freedom*.

Again, thank you all for your interest and for helping to make *UFO Research Newsletter* a valuable contribution to the field.

E-M EFFECTS, RADAR, CRASH HIGHLIGHT SIGHTING REPORTS

A UFO that crashed into a tree; an object that caused the ground to shake; another that apparently caused a chandelier to shatter; a UFO that exploded; an object that lit up a house; another that emitted a light beam; objects that were tracked on radar and caused physiological and electro-magnetic (E-M) effects; and others that caused animal reactions, left behind physical evidence, frightened witnesses, and emitted sounds were characteristics of sighting reports from at least nine states and five foreign countries during the period January-May. Witnesses included air traffic controllers, a pilot, police, an amateur astronomer, an X-ray technician, and circus performers.

A number of witnesses, including air traffic controllers, police, and an amateur astronomer reported seeing lights maneuvering in the sky over the Burlington, Vt., area between 10 and 11 p.m., March 22.

"The lights I saw were not like anything I had ever seen before," stated Donald Kernan, a traffic controller at Burlington International Airport, in the March 24, 1980, edition of the *Burlington Free Press*.

Kernan added he saw "a bright light that really played; it did a kind of dance."

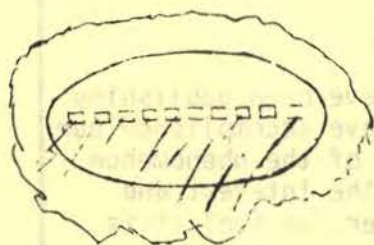
Another controller, Richard Morris, said the UFOs appeared on the airport's radar screen.

"What I did see I really don't know," he remarked. "It was a clear target that was not identified."

The radar target moved approximately four miles in two sweeps of the screen. That would be around 1,500 m.p.h. or 2-3 times faster than the signal of a Boeing 747.

"It moved west, just north of Juniper Island," Morris said.

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UFO Sketch by Scott
Knittle, Ovid, N.Y.,
February 21, 1980.

(Courtesy: Times)

Radar showed "small or faint objects, similar to three small aircraft joining a larger, brighter object and then breaking into four objects." Then the blips "separated and moved east about one mile before disappearing."

Both Kernan and Morris said that "aircraft were not scheduled to be in the area and the radar tracings moved too fast to be birds."

At about 9:45 p.m., February 21, Scott Knittle was in bed in his Ovid, N.Y., home when he observed a light that "came through my window and made everything orange."

The light was oval-shaped and had "about 10 windows straight across it." (See sketch, left). It was approximately five feet wide and hovered over a field at an altitude of about 30 feet. At about this time, Scott's mother, Beverly Cowan, also saw it.

A few seconds later, the UFO "shot straight up in the air, heading north toward Auburn, and exploded."

"It was just like someone turned a light switch off and it was dark again... except there was like a little red blinking light that came from it after it blew up and I just watched that until it disappeared," Mrs. Cowan explained in the Finger Lakes, N.Y., *Times*, February 22, 1980.

Following the sighting, Mrs. Cowan "discovered her son's eyes were bloodshot."

Mr. and Mrs. Fred Bullivant also saw the UFO.

"It looked like a round, reddish-gold ball, almost orange color... and it must have been on fire... because we could see smoke swirling over the top of it," Mrs. Bullivant said.

Shirley Derleth observed "this big orange ball hovering in the sky." As it faded, a "little light appeared and then moved away and disappeared." The incident "really scared me half to death."

David Kaiser, Route 96, said he saw the "really huge" object, which caused the houses in the area to light up in an orange color.

On the evening of January 15, Mrs. Gladys Owens and her daughter heard a "terrific boom" and saw "three unusual lights hovering around the church across the street from their house" in Sterling, Va.

"They were real bright and they were barely moving," Mrs. Owens related in the February 17, 1980, edition of the Richmond, Va., *Times-Dispatch*. "One moved toward us and went over the house, and two went up Route 28 toward Dulles [International Airport]."

The lights alternately brightened and dimmed and were one-half to three-quarters the size of the moon.

"They were as high as the treetops and one of them either fell into the trees or landed," Mrs. Owens continued. "We were scared to death to go outside because of the big blast."

About five minutes later, the lights had disappeared. Mrs. Owens called her husband, Walter, a fireman at Dulles, serving the metropolitan Washington, D.C., area.

"I called the tower and they said, 'Yeah, we felt the shock and it knocked our radar out,'" Owens stated.

Then the official denials began. Both Radar Unit Chief Donald Valenzo and Chief Controller Robert Logan said they "had no record of any interruption in the radar equipment operation that night." Logan even "reportedly called Owens on the carpet."

"He called me up and he sounded like he was very disturbed," Owens said. "He wanted to get a little smart with me and I said, 'Wait a minute. Your man might be lying. I don't have any proof, but I'm speaking the truth [about the call to the tower].'" Then he settled down and got real nice, asked me about what my wife saw."

At approximately 5:20 p.m., May 7, an X-ray technician who wishes anonymity observed a UFO maneuvering near Valdese, N.C.

"I was playing the radio and singing at the top of my lungs when, suddenly, the radio got full of static," the woman reported in the Charlotte, N.C., *Observer*, May 12, 1980.

The witness saw a large, soup bowl-shaped object "about the size of a four-room house" hovering less than a mile away. On the bottom of the UFO, she noticed a bright red, large rectangle.

After about five minutes of slow maneuvering, the object disappeared in the distance.

Mrs. Anna Ricketts heard barking dogs at about 9 p.m., March 9, outside her home in New Castle, Ky., stated the New Castle *Local*, March 20, 1980. Looking outside, she observed a brilliant object hovering around 20 feet off the ground. It was an estimated 50 feet from the house.

The witness said the UFO "looked like a Piper Cub without wings. Protruding from the bottom of the craft were at least three antenna-looking sticks, slightly at an angle, pointing toward the ground."

Mrs. Ricketts alerted her husband, Wilson, and both saw the alien visitor move to the northwest. Then it shot straight up and down and disappeared.

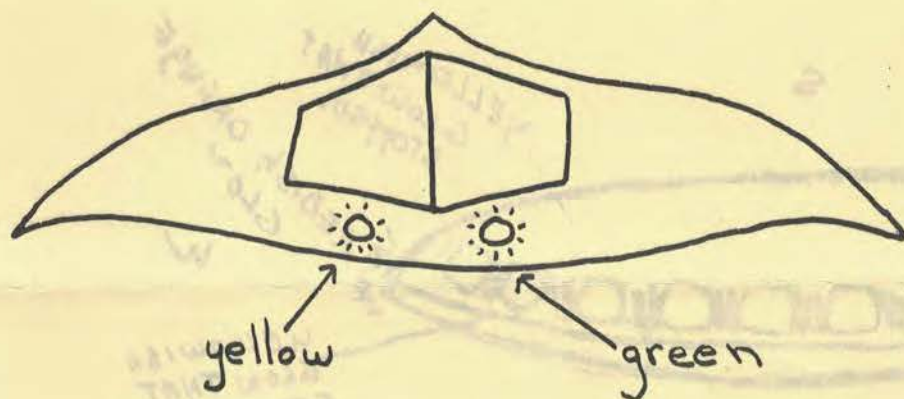
Then the couple saw a second, much smaller, multi-colored UFO that rose from near the ground.

Howard and Julia Pickrel were driving near Long Beach, Miss., at about 3:30 a.m., May 14, when they spotted a glowing disc in the sky. It emitted a light beam.

"There was a beam of light making a spot of light about as long as a fourth of a city block and as wide as our car," Mrs. Pickrel related in the May 14, 1980, edition of the Biloxi-Gulfport, Miss., *Daily Herald*. "When the beam of light was on the car, the lights went on and off about seven or eight times. It was just like someone was turning them on and off. Then we drove out into the darkness, and the lights never flickered again."

Residents in Michigan observed UFOs.

It was about 10:30 p.m., February 9. Paul Okoniewski, a Boy Scout troop leader, Myra Kukuk, and a 15 year-old scout were camping in Ray Township when Okoniewski heard a noise and saw a UFO heading toward them.



UFO Sketch by Paul Okoniewski, Ray Township, Mich.,
February 9, 1980.

(Courtesy: Advisor)

"There was a loud humming noise as it approached us," Okoniewski related in the Romeo-Worthington, Mich., *Advisor*, March 12, 1980.

"It was about 50 feet in diameter, and there were yellow and green lights on the front. [See sketch, left]. The ground vibrated slightly as it flew about 100 yards above us."

The craft had two front windows that emitted "a bright fluorescent glow." Red and white lights were seen on the back.

Okoniewski "grabbed his camera and began shooting pictures."

"I saw the front of the craft with my eyes, the back through the view finder of the camera," he explained. "I exposed the pictures at F 3.5 for one-tenth of a second. [When] I got the film back..., there were no pictures of the UFO."

The scout leader was puzzled. He was an expert at using the camera at night and always got good pictures. He said "the exposure setting he used would have let enough light in the camera to photograph candlelight in a dark room." At least, the lights from the UFO should have been visible.

Joseph and Laurie White were heading toward home in Fowlerville from Howell on the evening of March 10, when they spotted "a bright white light following them eastward."

The UFO "stopped when they stopped. It changed direction when they changed direction."

Frightened, the Whites sped home and called relatives. Mrs. White's brother, his girl friend, her father (a pilot), her mother, her boss, and a co-worker also saw it.

As the Whites entered their apartment and Laurie called police, "her husband let out a shout."

"He's not very excitable," Mrs. White reported in the March 12, 1980, edition of the Fowlerville Review. "I was scared. I knocked a chair over."

The UFO headed "directly toward the apartment."

"It was so huge I couldn't understand how it could stay in the air," Mrs. White continued. "It had banks of red and green lights. It glided over us without a noise."

Mrs. White rushed downstairs to go outside. As she passed a chandelier, "the fixture shattered on its mounting."

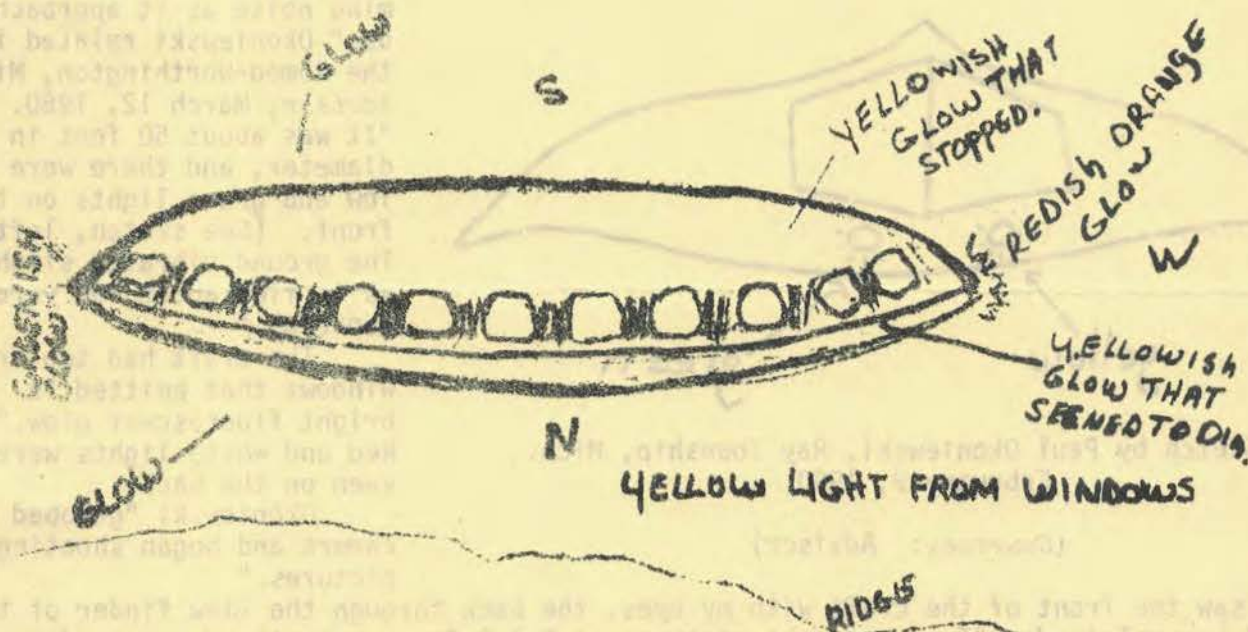
"It didn't fall," she remarked. "It just shattered."

It was about 9:30 p.m., February 21. A group of men were working on the Powder Horn Ranch near Seadrift, Texas, when they spotted a UFO that looked like "a big glow" hovering over some trees.

"The light just kept rising real slow, moved up high, and then drifted slowly northwest toward the [Union] Carbide plant," stated Bob Milligan, a gate guard at the ranch, in the February 27, 1980, edition of the Port Lavaca, Texas, Wave. "It seemed to stand still and, at times, there would be different colored lights coming from it."

At other times, he said, the UFO would emit a light beam "from beneath it in a searchlight manner." It also emitted a sound "like a motor operating real fast" despite the fact that the object moved very slowly.

At least a dozen other employees and visitors also saw it. These included C.H. Smith, of the Smith Electric Company, and his two sons. Smith said there was interference to the citizen band radios they were using as the UFO passed by, but cleared up as it drifted away.



UFO Sketch, near Groveland, Calif., March 13, 1980.

(Courtesy: Union-Democrat)

At about 6:50 p.m., March 13, an unidentified couple and their young son observed four UFOs near Groveland, Calif., according to the March 24, 1980, edition of the *Sonora, Calif., Union-Democrat*. The first object was estimated to be 300-400 feet long.

The family saw the first UFO hovering over a mountain straight ahead as they drove down a grade. A pale green light, changing to "yellowish white," was seen at the front left. Red-orange and green lights were also seen. A pale yellowish glow emanated from portholes or windows. (See sketch, bottom, p. 4).

At about the same time, a resident of the Cuesta Serena subdivision in Sonora observed a UFO with round windows. It emitted a sound and was cone-shaped.

Meanwhile, a woman driving along Jacksonville Road saw a bright light at tree-top level.

A couple and their daughter spotted a UFO in the Montezuma Road vicinity. It was a bright light, and "another object was traveling to meet it."

Carlos Vommario was returning home to Ing. Huergo, Rio Negro Province, Argentina, from visiting his fiancée at around 10 p.m., February 11, when he spotted a very big, bright light.

"It was stronger and whiter than that of a mercury lamp and was some 30 meters high," he stated in the February 16, 1980, edition of *Rio Negro*. "It was a kind of a big L. Where the two 'legs' of the L joined was a kind of star."

Inside the L were big and smaller squares. Inside the small square was what appeared to be a TV screen. The L and larger square appeared to be "illuminated by a brightness... like illuminated clouds. But the inside square was [a] reflector from which the tremendous beam of light issued that illuminated and blinded."

The very frightened witness blacked out for one hour. When he awoke, he noticed that the lights and engine of his 1973 Ford Falcon were off. The UFO was still visible, and Vommario felt his lungs "were about to burst."

That evening, the witness had difficulty falling asleep. He felt pain in his spine and "pain and weariness" in his legs.

The following day, his car would not start, and the lights would not function.

Residents of Caracas, Venezuela, spotted a UFO emitting white lights fly over a housing complex on the evening of January 14, stated the January 15, 1980, edition of the *Buenos Aires, Argentina, Cronica*.

The bright object apparently caused interference with TV sets, "which remained on but with black screens and soundless."

Several minutes later, the UFO accelerated at an angle toward the west.

Policemen Spot Objects

Policemen and other witnesses heard strange noises and saw UFOs near Dundee, Scotland, on the morning of March 30.

At 4:55, an off-duty policeman was awakened by "a strange noise similar to the amplified sound of a child's spinning top" -- a loud, hollow, metallic sound. The pitch alternated from high to low.

Looking outside, the witness saw four lights.

"They were a dull glow and looked like metallic objects reflecting the light of the moon," he stated in the *Dundee Courier Advertiser*, March 31, 1980. "They were about three-quarters of a mile away, to the northwest, moving slowly in a diamond shape."

The objects stopped and hovered, and the noise died down, but increased again as the policeman returned to bed. He ran to a window "and saw one of the lights moving smoothly down to ground level."

"At ground level, it just disappeared, but there were noises from where it came down," the witness continued his account. "For a time, the noise seemed to intensify. One of the first officers on the scene told me he, too, had heard noises when he arrived. When I looked for the other three lights, they had disappeared."

Other witnesses in the area also heard the strange sounds.

Two young men of Orfei's Circus reported being "scalded" by a UFO at about 1 a.m., March 22, in Gioia del Colle, Italy, stated the Milano, Italy, *Corriere Della Sera*, March 25, 1980.

Paride Orfeil, 18, son of the circus owner, and Phelipe Garcia, 19, an acrobat, were behind the center tent of the circus when they saw "a luminous trail that approached at great speed." The brilliant, blue-orange object was 70-80 centimeters in diameter. It stopped and hovered about 100 meters from the ground for approximately 10 seconds, then turned red and disappeared.

"We were very frightened," Garcia admitted. "The animals were nervous. The dogs, especially, yelped without interruption, and the elephants uttered strong trumpeting."

After the sighting, Garcia noticed a "scalding" mark on his wrist, and Orfei noted two burn marks on his navel.

Daryl Browne, a horse stud hand, noticed that two large, fierce guard dogs, including a champion Great Dane, "began baying and howling in fear" at about 9:50 p.m., February 7, on a homestead in the Adelaide Hills, Australia.

"I've never heard them anything like that before," Browne related in the February 8, 1980, edition of the Adelaide *News*. "They sounded like coyotes howling at the moon. Then I heard this loud crash and all the timber [from a nearby tree] splitting.... Then I saw something yellow... I had to shine my torch on it... It was like a big cylinder -- it was sort of half-moon shaped on the bottom -- and it was about eight or nine meters long.... Then I called the police, but, by the time I got back to a window to look outside, it was gone.... I can't explain what it was. I've never seen anything like it before. It was a very still night. There was no wind up here and there was nothing else that could have caused the damage."

Browne said the UFO caused "massive damage" when it apparently hit the huge pine tree at an altitude of 30 meters. A large section of the side of the tree "was demolished by the impact." Thick branches "were bent like matchwood," and "the trunk showed several deep gouges from the impact."

HUNTER SIGHTS UFO IN NORTHERN CALIFORNIA

By Paul Cerny

Western Regional Director
Mutual UFO Network

A large object hovered silently over a nearby tree late at night. Various colored lights went on and off, and blue vapor came from side exhaust ports. It changed from a silhouette to an object so brightly lit that the witness could hardly see its shape. This happened not once, but three times.

So reported Dave McCready, associated with the U.S. Air Force for more than 30 years.

Dave had been in the service from 1942 to 1945. He then worked as assistant fire chief for Travis Air Force Base, Calif., for another 28 years, including five years in the Azores.

Though he lived in Vacaville, Calif., McCready and his family owned property south of Dinsmore, in northern California. Dinsmore is in Humboldt County, 50 miles east of Fortuna, 120 miles west of Red Bluff on Highway #36, and 75 miles west of Platinia. The town is a small lumber community with a gas station, country store, and a bar.

The McCreadys' land, approximately three miles south of Dinsmore, had been private property, and most of the timber had been harvested by 1975. The terrain is hilly, with a ravine, and is sparsely covered with trees. They had a trailer situated there and often used it as a hunting camp. Nearby was a 1,100-watt generator to service the refrigerator and lights for the trailer, providing some convenience for tired hunters.

In September, 1973, Dave and five friends were camped on the site in the trailer. About 10:30 p.m., McCready stepped outside and immediately noticed a beam of white light shining on the tallest tree -- an "old snipe" which was across a ravine and about 200-250 yards from him. An object was hovering silently over the tree.

Dave was quite familiar with the terrain. The hill on the left sloped down gradually to the right, with random trees along the crest and the big tree downhill.

The object was 75-100 feet above the trees, with a light beam shining from the lowest edge down onto the tree. The defined beam was about 4-5 feet wide and was definitely not a spotlight. The light, he judged, was just plain white -- not a high-intensity light.

The light then went out, and the dome-shaped outline of the craft was revealed in a silhouette effect. A line of 8-10 blue jets suddenly appeared as if on an even platform, looking like exhaust ports, similar to a blue exhaust from an airplane -- continuous.

About 10-15 seconds after the single beam of light on the tree went out, McCready noticed a bar of dim light in the shape of an inverted angle on the surface of the dome. The two ends, starting from the base of the dome, diagonally, met at the top center of the dome. In about 15 seconds, the angled bar of light went from dim to very bright -- all one light, he noted, filling in the area. Then it decreased in intensity, faded and went out, and he could see better.

Suddenly, the lower beam of light came on again, moving over the surface area of the tall tree, not in a wide angle -- just moving around the tree. It repeated this procedure. The light beam faded, and the angled bar of light came on dimly.

There appeared to be a sequential pattern, and Dave knew what to look for the second time on the exhaust ports. Did they go off or stay on all the time? He wasn't sure because, in the bright intensity of the light on the dome, he could hardly see the exhaust. He was fascinated, watching the strange procedure from this unknown object.

He watched as the object completed the second sequence of events and began a third time. By then, he was watching closely.

McCready moved back and forth, 20-30 feet each way -- 50 feet altogether, looking at it from different vantage points. He realized that, perhaps, he was seeing a UFO. It wasn't like any aircraft the military had, he was positive, having been with the Air Force for 33 years. He was aware there seemed to be no noticeable sound, possibly because he was standing near the 1,100-watt generator.

Moving from one side to the other of where he had originally sighted the light, Dave watched it closely as it went through the "sequence" a third time. He wished the rest of the men were there with him. He ran to the trailer, pounded on the door, and yelled to the men to come out, that he wanted to show them something unusual. They came running out the door and followed him to the spot. There was nothing! It was gone! No sign of anything. Possibly his yelling and pounding had alerted the object of impending danger.

The next day, the men crossed the ravine to examine the tree and the terrain. They found nothing on the ground, and nothing visible had happened to the tree. Strange that this hovering object, at least 40-50 feet across and 12-15 feet high, would leave no evidence of having been there.

McCready related the experience to his family, but told no one else. Strangely enough, at about that same period, there were multiple objects sighted over the city of Vallejo, where Dave lived with his family. Forty or more people, Dave noted, were involved this time, including police officers. But they were not as close as 200 feet.

McCready thought little more about the incident until four years later, when he and his wife were watching a television show on UFOs. Suddenly, he said to his wife, "That's what I saw! That's exactly what I saw!" It was an illustration of an object as seen by a man named Bill Pecha from Colusa, Calif. Since then, Dave has thought a lot more about his sighting of that still unidentified flying object.

DRUFFEL-ROGO BOOK, ENCYCLOPEDIA HEAD LIST OF NEW UFO BOOKS (Book Reviews)

An exhaustive investigation of a series of UFO encounters and abductions in the Tujunga Canyons of California is set forth in *The Tujunga Canyon Contacts*, by Ann Druffel, a prominent Los Angeles UFO investigator, and D. Scott Rogo, California parapsychologist. It all began on March 22, 1953, when Sara Shaw and Jan Whitley saw a mysterious glow and a long-haired "apparition," then realized they had experienced a two-hour time lapse. Shaw submitted to hypnotic regression and related being abducted on board a UFO and medically examined by its occupants. Shortly after, she began training as a medical-dental

assistant. While working in a hospital in 1955, she had an "almost visionary" revelation of a cure for cancer. Under hypnosis, she revealed that the UFO aliens had indicated that vinegar -- or acetic acid -- injected into a cancerous growth would effect a cure, but, to date, this "cure" has not been medically accepted. For more than two decades, other canyon residents also had bizarre UFO experiences. Druffel and Rogo, however, came "to a different set of conclusions" about the incidents in particular and UFOs in general. Despite Rogo's too-pat Freudian interpretation that "*Sara Shaw's abduction was a rape fantasy*" (authors' italics), the book is a worthy addition to UFO literature. Unfortunately, its rather dry literary style will probably hold sales down to a minimum.

[Ann Druffel and D. Scott Rogo, *The Tujunga Canyon Contacts* (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1980), \$9.95, 264 pgs., introductory note, preface, sketches, photographs, appendix, index].

A much-needed, important addition to UFO literature is *The Encyclopedia of UFOs*, with Ronald Story as editor and J. Richard Greenwell, consulting editor. The mammoth work covers the A-to-Z spectrum. Contributors cover a broad range of UFO personalities, including Raymond E. Fowler, Stanton T. Friedman, Richard H. Hall, Dr. David M. Jacobs, Coral Lorenzen, Dr. Thornton Page, Dr. R. Leo Sprinkle, and Dr. Berthold E. Schwarz. Many are also profiled as subjects. Others include such serious ufologists as Ted Bloecher, Paul Cerny, Ann Druffel, Dr. James A. Harder, Dr. J. Allen Hynek, Maj. Donald E. Keyhoe, Dr. James E. McDonald, Dr. David Saucers, and Jacques Vallee. The two most persistent "debunkers" -- Dr. Donald H. Menzel and Philip Klass -- are also profiled. And the noted "contactees" such as George Adamski and George Van Tassel. Other subjects range from Jimmy Carter's sighting in Georgia in 1969 (complete with a reproduction of the signed report form from the National Investigations Committee on Aerial Phenomena) to the CIA involvement to the airship reports of 1896 and 1897. There are some mistakes and incorrect dates, but, generally, the work is an excellent reference source for everyone from the beginner to the serious scientific investigator.

[Ronald story, editor, *The Encyclopedia of UFOs* (Garden City, N.Y.: Dolphin Books, Doubleday & Company, Inc., 1980), 440 pgs., \$12.95, paperback, preface, acknowledgments, appendices, bibliography, photographs, sketches].

More than three years after the event, Curtis G. Fuller, publisher, and the editors of *Fate* magazine have organized into book form the *Proceedings of the First International UFO Congress*. Generally, they have done an excellent job, and the book stands as one of the most thorough and intelligent treatises on the subject ever. It is not really surprising. Most of the big names in ufology were at the Congress, held June 24-26, 1977, beginning 30 years to the day after Kenneth Arnold's famed sighting over Mt. Rainier, Wash. Arnold was a special guest-lecturer at the meeting and discussed "The Maury Island Episode" of July-August, 1947. Dr. James A. Harder talked about "the hard evidence" -- artifacts or fragments from UFOs, and photographs. Ted Phillips outlined his on-going investigation of "Landing Traces and Physical Evidence" and announced that he had spent more than five years on the classic Delphos, Kans., case of November 2, 1971. Dr. Frank B. Salisbury rakes top debunkers Philip Klass and the late Dr. Donald Menzel over the coals, but discounts the extraterrestrial (ET) hypothesis with the weak argument that "UFOs seem so irrational, so perverse." Dr. J. Allen Hynek says "there is sufficient evidence" to support the hypothesis that UFOs are both ET and extradimensional. CE-III cases are discussed by Ted Bloecher, and Betty Hill describes her experience with her late husband, Barney, in September, 1961. Other contributors include Alvin H. Lawson, David Stuppel, and Dr. R. Leo Sprinkle. Dr. J. Gordon Melton, religious historian and *Fate's* book review editor, proffers an excellent report on UFO contactees. There are also symposia on UFOs as psychic constructs, contactees, and "Encounters with UFO Beings." Just about the entire UFO spectrum is covered -- and covered well. It is one of the best "anthologies" on the subject yet.

[Curtis G. Fuller, et. al., editors, *Proceedings of the First International UFO Congress* (Warner Books, Inc., 75 Rockefeller Plaza, New York, N.Y. 10019, 1980), \$2.75, paperback, 440 pgs., sketches, introduction, glossary, index].

ASCENT TO FREEDOM

On December 3, 1977, Mary-Margaret Moore sought the help of a friend -- Dr. John W. Aiken, of Socorro, N.M. -- regarding some personal problems. Aiken hypnotized her and suggested that she recall, in her present or a past life, some experience that might provide useful insights.

The subject began speaking as a 60-year old man in a monastery in the mountains of Greece. He supervised several younger monks who were copying old manuscripts on parchment. His wife and children had been killed by the Turks, and he had retreated to the monastery to escape from a painful existence.

Then a second entity or "personality" began to speak through Mary-Margaret. Using the name "Bartholomew," he gave some practical advice regarding her problems which, when applied, proved very helpful.

Since that time, on an average of about once a week, contact has been renewed with Bartholomew, who has provided very important insights into the meaning and purpose of life. His teachings and wisdom are derived from the "highest" spiritual source, and he offers Mankind a real "blueprint" for living.

Bartholomew counsels, in both public meetings and private readings, on such practical concerns as love, fear, guilt, marriage, divorce, finances, occupations, health, alcohol, drugs, sex, parents/children, psychology, war, etc. He also discusses such esoteric subjects as life-after-death, reincarnation, karma, astrology, UFOs, other planets and dimensions, even Atlantis. Most of all, however, he offers everyone a practical plan for the achievement of spiritual Enlightenment and a life filled with love, peace, and joy.

A book on this phenomenon is being prepared by the UFOR editor, and cassette tapes on a myriad of subjects are available.

Following are some brief quotes from the Bartholomew tapes:

"The purpose of earth-life is to discover that you are not an ego. You are not that body/mind/emotions complex that bears your name. The greatest obstacle to your Freedom is your belief that you are this body, this personality. The true essence of your being is not the personality, the part you are playing. It is Love and Light, but those are well hidden under the veils of the illusion that you are this small, isolated little self or ego. Realize who you are!"

"It does not take a great prophet to see that there are troubled -- even chaotic -- times ahead, most likely beginning in the financial area. But, from my point of view, troubled times are not necessarily a bad thing, nor negative. When things are changing, old ways dissolving, new ways emerging, people become very nervous and concerned. Then they may begin to ask: Why am I here? What is life all about? When you deeply and sincerely ask such questions, we can come to your aid. If you ask, you shall receive!"

"Guilt is a universal human feeling, and it goes back to before 'time' began, before there was even a planet you call 'Earth.' It began when you chose to experience separateness from the Source. Within each human, there is this unconscious feeling of having offended God and choosing separation. You have projected this guilt and fear of punishment onto an 'angry' God! There is no such reality. God is not capable of anger! He does not judge or punish. God only loves!"

On leaving the body at death:

"The one departing the earth plane does not feel any sense of loss or separation. Such feelings are only for those who are left behind. Your transition will be much easier if you will remove your attention from the body and keep it focused in consciousness. There will be no change whatsoever in your consciousness as you move from the physical to the planes beyond. If you have truly experienced deep love for anyone on the earth plane, that love will act as a beacon for you as you move into this state of expansion. This love becomes more, greater. It becomes incredibly filled with beauty and with help for you!"